

# PEGGY CUMMINGS and CONNECTED RIDING® in WHITEFISH August 5-7 2017



*Peggy Cummings*  
Founder of Connected Riding®, Author, Clinician

## PRIVATE LESSONS AVAILABLE

SATURDAY THROUGH MONDAY  
WITH:

Founder, author, clinician  
Peggy Cummings,  
Senior instructor Diane Sept,  
and Instructor Laura Faber-Morris



*Diane Sept*  
Senior Instructor



*Laura Faber-Morris*  
Instructor

## DEMO

Friday Night 6-8pm \$20  
Tripple Take, Kalispell

Private Lessons:

Peggy Cummings: \$135

Diane Sept: \$90

Laura Faber-Morris: \$55

**AUDITORS WELCOME: \$20**

**LIMITED SPACE**

Connected Riding® is for all disciplines and all breeds, it allows both horse and rider to achieve freedom of movement and self-carriage. Connected Riding® is based on reciprocal connection rather than force. You will learn to use your own body to enhance the performance of your horse, ride pain and resistance free while having more fun doing it!

### THE LESSONS/DEMO WILL COVER THREE ASPECTS:

**Rider Awareness:** Riders practice exercises to release holding patterns in their bodies and to find neutral pelvis. When the rider is in neutral, the horse can free himself and move more effectively.

**Groundwork:** Bringing awareness of holding patterns to your horse. You will learn how to help your horse release tension and learn to collect from the ground through a combination of stationary and moving body work.

**Work Under Saddle** or the “dance,” putting it all together for fluidity of movement together with your horse.

406.270.0267

FOR MORE INFORMATION CONTACT LAURA: [laurafaber.morris@gmail.com](mailto:laurafaber.morris@gmail.com)

[www.connectedriding.com](http://www.connectedriding.com)

[www.wholisticequine.com](http://www.wholisticequine.com)

[www.dianesept.com](http://www.dianesept.com)