

**ELKHORN MOUNTAIN RANCH, Oregon**  
*PRESENTS*  
**THREE-Day Connected Riding® Clinic**  
**With Founder Peggy Cummings**



**Friday April 16 – Sunday April 18, 2021**  
**BAKER CITY, OREGON**

With years of classical training, riding and teaching, **Peggy Cummings** has developed the **CONNECTED RIDING®** methods. These easy to learn techniques allow both horse and rider to achieve freedom of movement and self-carriage. Connected Riding® is based on reciprocal connection rather than force. You will learn to use your own body to enhance the performance of your horse, ride pain and resistance free and have more fun doing it!

The clinic will cover three aspects.

1. **RIDER AWARENESS:** Riders practice exercises to release holding patterns in their bodies and to find neutral pelvis. When the rider is in neutral, the horse can free himself and move more effectively.
2. **GROUNDWORK:** Bringing awareness of holding patterns to your horse. You will learn how to help your horse release tension and learn to collect from the ground through a combination of stationary and moving body work.
3. **WORK UNDER SADDLE** or the dance, putting it all together for fluidity of movement together with your horse.

**~ AUDITORS WELCOME ~**

**PRIVATE LESSON DAY MONDAY APRIL 19**

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**ONE RIDER SPOT LEFT**  
**BOOK IT TODAY !**